PLANT FACT SHEET

Polygonatum orientale Desf.

GENUS *Polygonatum* **FAMILY** Asparagaceae

COMMON NAMES Oriental Solomon's Seal

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems, Rhizomes

The leaves, stems and rhizomes are used in salads, and fried and also pickled.

DESCRIPTION

A herb. The stems arch over. It grows 15-30 cm tall. The leaves are alternate. The flowers are white.

HABITAT

It is a temperate plant.

REFERENCES

Nanagulyan, S., et al, 2020, Wild plants and fungi sold in the markets of Yerevan (Armenia). Journal of Ethnobiology and Ethnomedicine 16:26

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/63dc7b5d-877f-434b-9589-aaaac7c281e0