PLANT FACT SHEET

Cephalostachyum mindorense Gamble

GENUS *Cephalostachyum* **FAMILY** Poaceae

COMMON NAMES Bakto

EDIBLE PARTS AND USES

Edible parts: Shoots

The young shoots are cooked and eaten.

DESCRIPTION

A climbing species of bamboo. The flower is in dense rounded and widely scattered heads the larger of which are 2 cm across.

HABITAT

A tropical plant. It is rare and only occurs in Mindoro and Camarines in the Philippines.

NOTES

There are about 11 Cephalostachyum species.

REFERENCES

Monsalud, M.R., Tongacan, A.L., Lopez, F.R., & Lagrimas, M.Q., 1966, Edible Wild Plants in Philippine Forests. Philippine Journal of Science. p 473

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/641c4bd1-4831-4f1e-8381-e6060f0c9c22