PLANT FACT SHEET

Selaginella biformis A. Br. ex Kuhn

GENUS *Selaginella* **FAMILY** Selaginellaceae

COMMON NAMES Husum-ow

EDIBLE PARTS AND USES

Edible parts: Leaves, Fronds

The stems and leaves are used as a vegetable.

DESCRIPTION

A fern. It can be erect or creeping. It is 15-45 cm long.

HABITAT

It is a tropical plant. It grows in shaded places and on rocks in forests between 100-1,500 m above sea level in southern China.

REFERENCES

Gangwar, A. K. & Ramakrishnan, P. S., 1990, Ethnobotanical Notes on Some Tribes of Arunachal Pradesh, Northeastern India. Economic Botany, Vol. 44, No. 1 pp. 94-105

Murtem, G. & Chaudhrey, P., 2016, An ethnobotanical note on wild edible plants of Upper Eastern Himalaya, India. Brazilian Journal of Biological Sciences, 2016, v. 3, no. 5, p. 63-81

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