PLANT FACT SHEET

Lantana involucrata L.

GENUS *Lantana* **FAMILY** Verbenaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves - flavouring

DESCRIPTION

A herb. It grows 70-190 cm high. The leaves are 4-7 cm long by 2.5-3 cm wide. They are sword shaped. There are teeth along the edge. They taper to the tip. The flowers are in the axils of leaves. The flowers are like tubes. The fruit is fleshy with a hard stone inside. There is 1 seed. The fruit are edible.

HABITAT

A tropical plant. In Bolivia it grows up to 2000 m altitude.

NOTES

There are about 150 Lantana species. They come from tropical and subtropical America.

REFERENCES

Anguilar-Stoen, M, et al, 2009, Home Gardens Sustain Crop Diversity and Improve Farm Resilience in Candelaria Loxicha, Oaxaca, Mexico. Human Ecology, 37:55-77

FMNH Botany Collections Database - Mesoamerican Ethnobotany emuweb.field museum.org

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 467

Plants of Haiti Smithsonian Institute http://botany.si.edu/antilles/West Indies

Segura, S., et al, 2018, The edible fruit species in Mexico. Genet Resour Crop Evol (2018) 65:1767–1793

Vasquez, Roberto Ch. & Coimbra, German S., 1996, Frutas Silvestres Comestibles de Santa Cruz. p 245

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/645b1b7d-2665-45a2-ae8b-34bc5df492c4