PLANT FACT SHEET

Ainsliaea acerifolia Schultz.-Bip.

GENUS *Ainsliaea* **FAMILY** Asteraceae

COMMON NAMES Tanpungch'wi

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The young leaves eaten in salads and with cooked vegetables.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 40-80 cm tall. The leaves are grouped near the middle part of the stem. The leaves are almost round and divided like fingers on a hand. It is 5-14 cm tall by 6-18 cm wide. The flowers are in spikes of 3 flowers.

HABITAT

It is a temperate plant. It grows in north China in forests between 300-500 m above sea level.

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