PLANT FACT SHEET

Asarum sieboldii Miq.

GENUS *Asarum* **FAMILY** Aristolochiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Roots

DESCRIPTION

A herb.

HABITAT

It is a subtropical plant. It grows in moist valleys in forests.

REFERENCES

Kang, Y., et al, 2012, Wild food plants and wild edible fungi in two valleys on the Qinling Mountains (Shaanxi, central China) Journal of Ethnobiology and Ethnomedicine; 9:26

Kang, Y., et al, 2012, Wild food plants and wild edible fungi of Heihe valley (Qinling Mountains, Shaanxi, central China): Herbophilia and indifference to fruits and mushrooms. Acta Societas Botanicorum Poloniae 81(4):4-5-413

www.eFloras.org Flora of China

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/64b9260a-b4fd-4d18-9296-70168121b884