PLANT FACT SHEET

Mesembryanthemum cryptanthum Hook.f.

GENUS *Mesembryanthemum* **FAMILY** Aizoaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The seeds are crushed and used for making bread.

DESCRIPTION

An annual herb that lies along the ground. The stems and leaves are succulent

HABITAT

It is a tropical plant. It grows in drier areas. It is best in a sunny position in a well-drained soils or low fertility.

PRODUCTION

Cultivation

Plants can be grown from seeds. They can be planted in a nursery. They germinate best at 15-20°C.

REFERENCES

Fern, K., 2012, Tropical Species Database http://theferns.info/tropical/

Norton, J., et al, 2009, An Illustrated Checklist of the Flora of Qatar. UNESCO Office in Doha.

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/64cb68c5-ded3-42da-ade4-96a6d4b39fe7