PLANT FACT SHEET

Bulbostylis barbata (Rottb.) C.B. Clarke

GENUS *Bulbostylis* **FAMILY** Cyperaceae

COMMON NAMES Water grass

EDIBLE PARTS AND USES

Edible parts: Seeds, Cereal, Root

The seeds are edible and can be crushed to produce flour for cakes.

DESCRIPTION

A tufted annual sedge. It grows 2-35 cm high. The stems are 4-6 angled and grooved. The leaves are about half the length of the stem. The leaves roll inward and look like stems. There can be a few or many flowering stalks. They are in a head. The flowers are brown. The nuts are about 0.6 mm. They are triangle shaped.

HABITAT

It is a tropical and subtropical plant. It grows in sand and loam as well as on sandstone and in rocky crevices. In China it grows on sandy beaches between 100-2,000 m above sea level.

NOTES

There are about 50-100 Bulbostylis species. They grow in the tropics and subtropics.

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