PLANT FACT SHEET

Sideroxylon palmeri (Rose) T. D. Pennington

GENUS *Sideroxylon* **FAMILY** Sapotaceae

COMMON NAMES Bebelama

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are eaten fresh or dried. The fruit are also cooked and eaten using a range of different methods. The fruit are also cooked and eaten using a range of different methods.
The young fruit are pickled.

DESCRIPTION

A spreading tree. The crown is dense. It grows 15-25 m high. The young branches often have spines. The leaf stalks are slender. The leaves are arranged in spirals, and not clustered. They are 5.8-12 cm long by 3.5-5.6 cm wide. The flowers contain both sexes. They occur in the axils of leaves. There are 5-20 flowers in a group on branches coming from a common point. The flowers are white and have a smell. The fruit are 1.5-2 cm long and rounded. The fruit are purplish-black when ripe. The seeds are brown and shiny.

HABITAT

A tropical plant. It grows in dry forest. It grows from sea level to 1600 m altitude.

PRODUCTION

Harvesting and Seed Production

Plants take 5 years before fruiting.

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