PLANT FACT SHEET

Vitex triflora Vahl.

GENUS *Vitex* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are sweet.

DESCRIPTION

A tree. It grows 13 m tall. The leaves have 3 leaflets. The leaf stalk is 2-6 cm long but the leaflets only have small stalks. The flower panicles are 4-11 cm long by 1-3 cm wide. There are usually 3 flowers in the group. The fruit is fleshy and narrowly oval. It is 1.4 cm long by 0.8 cm wide. It has a brown or yellow coating. The pulp is slimy and edible. The seed is large.

HABITAT

It is a tropical plant. It grows in forest near marshes and in common on granite.

NOTES

Also put in the family Verbenaceae.

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