PLANT FACT SHEET

Leysera gnaphalodes L.

GENUS *Leysera* **FAMILY** Asteraceae

COMMON NAMES Geelblommetjiestee

EDIBLE PARTS AND USES

Edible parts: Leaves - tea, Stem - tea

The leaves are used to make an aromatic tea.

DESCRIPTION

A herb or small shrub. It grows 50 cm high. The leaves are simple and alternate. They are narrow and grey green. They are 20-25 mm long by 1 mm wide. The flowers are daisy like and occur as single heads. They are on a long slender stalk. The flowers are yellow.

HABITAT

It is a Mediterranean plant. It grows between 30-1,900 m above sea level. It can grow in arid places.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/64fb9060-a72c-4e9d-baac-9c122b904b5d