PLANT FACT SHEET

Papaver dubium L.

GENUS *Papaver* **FAMILY** Papaveraceae

COMMON NAMES Long-headed poppy

EDIBLE PARTS AND USES

Edible parts: Leaves, flower

The young shoots are eaten in salads. They are also cooked with olive oil and used in pies.
The petals are used in syrups.

DESCRIPTION

An annual herb. It grows 30-60 cm tall. It can have a few branches from low down. The latex is milky. The leaves are divided into deep lobes. They are 7-15 cm long by 2-3 cm wide. The flower buds are oval. The flowers are 2-3 cm across. They are at the end of the branches. They are pink or red with a dark blotch. The fruit is an oblong capsule. It is 15-20 mm long. The seeds are very small.

HABITAT

It is a temperate plant. In Argentina it grows below 500 m above sea level.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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