PLANT FACT SHEET

Cyperus marginatus Thunb.

GENUS *Cyperus* **FAMILY** Cyperaceae

EDIBLE PARTS AND USES

Edible parts: Stem

The stems are eaten as a snack.

DESCRIPTION

A sedge. It keeps growing from year to year. It grows 60 cm tall. Usually it does not have leaves. It forms tufts. The spikes are brown with pale edges.

HABITAT

It is a subtropical plant. It grows on the edges of watercourses in rocky crevices.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 51

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6507addf-d8c1-425d-9b16-588f25397d96