PLANT FACT SHEET

Begonia rex Putz.

GENUS *Begonia* **FAMILY** Begoniaceae

EDIBLE PARTS AND USES

Edible parts: leaves, Seeds

It is used as a substitute for rhubarb (Rheum emodi)
CAUTION: The leaves contain rutin.

DESCRIPTION

A herb. It grows 40 cm tall. It has a rhizome. The leaves are at the base. The leaf stalks are 35 cm long. The leaves are oval unequal on opposite sides. They are 6-33 cm long by 5-21 cm wide. They are purplish underneath.

HABITAT

It is a subtropical plant. It grows in forests and on rocks and in caves in valleys. It grows between 400-1,100 m above sea level. In Yunnan.

NOTES

There are 900-1,000-1,500 Begonia species.

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