PLANT FACT SHEET

Ambrosia artemisioides Meyen et Walp.

GENUS *Ambrosia* **FAMILY** Asteraceae

COMMON NAMES Cadillo

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The leaves are used as flavouring.
An oil is extracted from the seeds.

DESCRIPTION

A low shrub. It grows about 30 cm tall.

HABITAT

It is a subtropical plant. It grows in the desert.

NOTES

Many plants in this genus cause hay fever and asthma.
They also have health benefits.

REFERENCES

Aldunate, C. et al, 1983, Ethnobotany of pre-Altiplanic Community in the Andes of Northern Chile. Economic Botany 37( ) p 120-134

Kiple, K.F. & Ornelas, K.C., (eds), 2000, The Cambridge World History of Food. CUP p 1842

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/65388f78-6d7d-4c1b-9fd8-c16498251bb6