PLANT FACT SHEET

# *Gomphocarpus glaucophyllus* Schlechter

**GENUS** *Gomphocarpus* **FAMILY** Apocynaceae

**COMMON NAMES** Blue leaf, Bladder bush

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

The young leaves are cooked and eaten.

## DESCRIPTION

An unbranched herb. It grows 1 m tall. The stems are thick and have a few hairs. There is milky sap. The leaves are simple and do not have stalks. They are oval and heart shaped at the base. They are blue-green. The flowers are in a group with equal length stalks form one point. They are cream-coloured and 4 cm long with 7-15 flowers in the group The fruit is a follicle tapering to a point.

## HABITAT

It is a tropical plant.

## NOTES

Also put in the family Asclepiadaceae.

## REFERENCES


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