PLANT FACT SHEET

Eugeissona insignis Beccari

GENUS *Eugeissona* **FAMILY** Arecaceae

EDIBLE PARTS AND USES

Edible parts: Sago, Starch, Cabbage, Palm heart

The young fruit are edible.
The palm heart is edible.
Starch can be extracted from the trunk.

DESCRIPTION

A palm. It forms clusters. It has stilt roots 1-3 m long. The stem is 2-5 m tall. The leaves are large and point upwards but curve over at the tips. They are 6.6 m long. They are spiny and can be 13 m long. The leaflets are regularly spaced and 1 m long and hang down. The flowering shoot can be 6-10 m tall. The flowers are 8-9 cm long. The fruit are 10 cm long and 6 cm wide.

HABITAT

A tropical plant. It grows on steep slopes and cliffs in coastal forests near sea level. It can grow up to 700 m altitude.

NOTES

There are about 6 Eugeissona species.

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