PLANT FACT SHEET

Sambucus javanica Reinw. ex Blume

GENUS *Sambucus* **FAMILY** Viburnaceae

COMMON NAMES Chinese elder, Himalayan elder, Java elderberry

EDIBLE PARTS AND USES

Edible parts: Flowers, Fruit, Leaves, Root

The fruit are eaten fresh. The fruit are also preserved, used in confectionary, or made into drinks.
The stems, leaves and shoots are parboiled and eaten.
The roots are parboiled and eaten.

DESCRIPTION

An evergreen shrub. It grows 70-100 cm high. The roots are fibrous. The bark is brown. The leaves are 6-12 cm long and 2.5-3 cm wide. The flowers are small and white. The fruit are small and round. They are red when ripe.

HABITAT

It is a tropical plant. It grows near streams and grasslands between 300-2,600 m above sea level in southern China. It grows by creeks and ponds and in humid areas. In Sichuan and Yunnan.

PRODUCTION

Cultivation

Plants can be grown from seeds.

Harvesting and Seed Production

In Yunnan fruit are harvested from July to September.

NOTES

There are about 25 Sambucus species. Also put in the family Sambucaceae.

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