PLANT FACT SHEET

# *Quercus arizonica* Sarg.

**GENUS** *Quercus* **FAMILY** Fagaceae

**COMMON NAMES** Arizona white oak

## EDIBLE PARTS AND USES

**Edible parts:** Seeds, Nuts, Acorn

## DESCRIPTION

A tree. It can grow 18 m tall. he bark is scaly. The leaves are narrowly oval and 4-8 cm long by 1-3 cm wide. The acorns occur singly or in pairs. The cup is cup shaped and 5-10 mm deep by 10-15 mm wide. It encloses about half of the nut.

## HABITAT

It is a temperate plant. It can grow in arid places.

## REFERENCES


Camou-Guerrero, A., et al, 2008, Knowledge and use Value of Plant Species in a Raramuri Community: A Gender Perspective for Conservation. Human Ecology, 36:259-272

Nabhan, G. P., et al, 2022, Reviving the Arid American Diet in the Face of Climate Change: Assessing its Composition, Links to the Mesomerican Diet and Potential to Advance Indigenous Health and Diabetes Prevention. International Journal of Water Resources and Arid Environments 11(2): 81-112



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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/66de99d4-a56d-4cf8-b5a7-92f67318a58e