PLANT FACT SHEET

Smilax elegans Wall. ex Kunth

GENUS *Smilax* **FAMILY** Smilacaceae

COMMON NAMES Kukar-daru

EDIBLE PARTS AND USES

Edible parts: Leaves, Shoots

The tender shoots are boiled and eaten with salt and sometimes mixed with curd.

DESCRIPTION

A climber. The leaves are 8-35 cm long by 15-42 mm wide. They are oval with a rounded or heart shaped base. There is a tip at the end. The flowers are small and purple. The fruit are round berries 4 mm across. They are blue black.

HABITAT

Western Himalayas. In Pakistan it grows between 1,000-2,000 m above sea level.

NOTES

There are about 300 Smilax species.

REFERENCES

BHARGAVA, (As Smilax parviflora) Probably parvifolia

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/671ed443-0fcd-4655-bf95-fd23b844116b