PLANT FACT SHEET

Afrosolen bainesii (Baker) Goldblatt

GENUS *Afrosolen* **FAMILY** Iridaceae

EDIBLE PARTS AND USES

Edible parts: Corm, Bulb, Root

The corm or bulb is eaten raw and added to vegetable dishes. They are often roasted but can be pounded and added to stew. They can be dried and stored.

DESCRIPTION

A herb. It has a bulb or corm. These are bell shaped. They have a flat bottom. They have a coarse dark brown covering that easily peels off. They are deep in the soil. They can be 3 cm long by 2 cm wide. They can be 10 cm deep in the soil. It keeps growing from year to year. It grows 60 cm high. The stems have angles or wings. The leaves are 5-7 mm wide. They are narrowly sword shaped. The flowers have a scent. The flowers are tube shaped and pale blue. They can be white or have red marks.

HABITAT

It is a subtropical plant. It grows in stony and sandy soils. It grows between 600-1,350 m above sea level. It can grow in arid places.

PRODUCTION

Harvesting and Seed Production

The corms are available for about 5 months of the year.

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/672fcce5-a12a-47ed-845b-1ef5014ede92