PLANT FACT SHEET

Monstera adansonii Schott

GENUS *Monstera* **FAMILY** Araceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The very ripe fruit are eaten.
Caution: Unripe fruit contain calcium oxalate crystals that can burn the mouth.

DESCRIPTION

A vine. It climbs by aerial roots. It can grow 5-10 m long. The stems are flexible. They are green and 1-3 cm across. The leaves are alternate and of 2 types. They are entire and unequal on the sides and narrowly sword shaped. The leaves on the stem have holes. The leaves are 26-47 cm long by 13-23 cm wide. The upper surface is dull and the lower surface is pale green. The leaf stalks have wings. The flowering shoots occur singly in the axils of leaves and are erect. They have a spathe around them that is 20 cm long and opens on one side. It is green outside and cream inside.

HABITAT

It is a tropical plant.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 545

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6742473d-9e9c-4369-bc70-53166c55a5a9