PLANT FACT SHEET

Leucas zeylanica (L.) W. T. Aiton

GENUS *Leucas* **FAMILY** Lamiaceae

COMMON NAMES Ceylon leucas

EDIBLE PARTS AND USES

Edible parts: leaves - condiment, Spice

It is used as a flavouring.
The young leaves are put in curry. They are also cooked as a vegetable.

DESCRIPTION

A herb. It grows to 40-120 cm tall. The stems are angular. The leaf blade is oblong and 4-5 cm long by 0.5-1 cm wide. There are coarse teeth along the edge. The flowers are white and in rings in the axils of leaves.

HABITAT

A tropical plant. It grows on seashores and in sunny places. It grows from sea level to 300 m altitude or higher.

PRODUCTION

Cultivation

Plants can be grown by seed.

NOTES

There are about 100 Leucas species. It is used in medicine.

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