PLANT FACT SHEET

Cissus palmatifida (Baker) Planch.

GENUS *Cissus* **FAMILY** Vitaceae

COMMON NAMES Nagua

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves - flavouring, Vegetable

The leaves are used to make a sauce. They are also used to flavour other dishes.
The pulp of the ripe fruit is eaten.

DESCRIPTION

A trailing herb. It keeps growing from year to year. It has a few simple tendrils by which it can attach to objects. The leaves are alternate and have leaflets arranged like fingers on a hand. There are 3-5 lobes. The leaf blade is about 11 cm long and the stalk can be 5 cm long. There are 6-12 flowers in a cluster. The fruit is a berry 4-5 mm across. It is black and has one seed.

HABITAT

A tropical plant. It grows in savanna woodland.

NOTES

There are about 200-350 Cissus species. There are about 75 species in tropical America.

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