PLANT FACT SHEET

Dolomiaea macrocephala DC. ex Royle

GENUS *Dolomiaea* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Roots

The uncooked roots are chewed.

DESCRIPTION

A herb.

HABITAT

It grows at high altitudes or cold temperate climates.

REFERENCES

Gillani, S. W., et al, 2024, The nexus between ecology of foraging and food security: cross-cultural perceptions of wild food plants in Kashmir Himalaya. Journal of Ethnobiology and Ethnomedicine, (2024) 20:77 (As Jurinea dolomiaea)

Mir, M. Y., 2014, Documentation and ethnobotanical survey of wild edible plants used by the tribals of Kupwara, J & K, India. International Journal of Herbal Medicine. 2(4): 11-18 (As Jurinea himalaica)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/67c3aabe-3a65-471e-ad62-c9450ce2f4a7