PLANT FACT SHEET

Meistera muricarpa (Elmer) Skornick. & M. F. Newman

GENUS *Meistera* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: Rhizome, Root

The rhizome is eaten raw or boiled.

DESCRIPTION

A ginger family herb. It grows about 1-2 tall. It has a robust rhizome. The leaf is sword shaped. It is 25-35 cm long by 6-8 cm wide. The flower is a spike. It is oval and 6-8 cm long. The flowers are yellow with purple spots.

HABITAT

It is a tropical plant. It grows in dense forests between 300-1,000 m above sea level in southern China.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Menisa, A. A., et al, 2012, Survey and characterization of Indigenous Food Plants in Ilocos Norte, Philippines. SEARCA Discussion Paper series No. 2011-2

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/67dc9cf0-a653-4a6a-9101-9314c015ea43