PLANT FACT SHEET

Cirsium heterophyllum (L.) Hill

GENUS *Cirsium* **FAMILY** Asteraceae

COMMON NAMES Melancholy thistle

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves

DESCRIPTION

A thistle.

HABITAT

It is a temperate plant.

REFERENCES

Girard, N. J., 2020, Sustainable Foraging of Wild Edible Plants in Norway. A Biocultural Approach. M. Sc. thesis Norwegian University. p 128

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/67ddce52-0777-440c-97a2-84bac94a2765