PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Frasera speciosa Douglas ex Griseb.

GENUS *Frasera* **FAMILY** Gentianaceae

COMMON NAMES Green gentian, Gentian root, Yellow gentian

EDIBLE PARTS AND USES

Edible parts: Root

DESCRIPTION

A herb. It grows 1.5 m tall. It can grow for 2 or several years. The stem is stout and upright. The leaves on the stem are oblong to sword shaped and in rings. They have pointed tips. They can be 50 cm long. Flowers are produced in clusters along the stem. The plant dies after flowering.

HABITAT

It is a temperate plant. It grows between 1,500-3,000 m above sea level.

REFERENCES

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/67e96197-acf0-41db-bc2a-dbdfcbcf3087