PLANT FACT SHEET

Galium album Mill.

GENUS *Galium* **FAMILY** Rubiaceae

COMMON NAMES White bedstraw

EDIBLE PARTS AND USES

Edible parts: Leaves, Roots

DESCRIPTION

A herb. The leaves are in rings of 3 or 4 along the stem. The flowers are in clusters and are white with 4 lobes. The fruit is 1-1.5 mm long.

HABITAT

It is a temperate plant.

NOTES

There are some different authorities for Galium album and reference not clear,

REFERENCES

Girard, N. J., 2020, Sustainable Foraging of Wild Edible Plants in Norway. A Biocultural Approach. M. Sc. thesis Norwegian University. p 135

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/681f9701-6b3f-46c7-9a9b-4044b46c566d