PLANT FACT SHEET

Peddiea africana Harvey

GENUS *Peddiea* **FAMILY** Thymelaeaceae

COMMON NAMES Cord tree

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit

The fruit is eaten as a snack.

DESCRIPTION

A shrub or small tree. It grows 6 m high. It has many branches. The bark is grey and smooth. The leaves are 50-90 mm long by 20-30 mm wide. They are narrowly oval and taper to the base. There are 5-10 flowers in a cluster. The flowers are yellowish-green. The fruit are fleshy and black. They are 10-14 mm long by 7-10 mm wide.

HABITAT

It is a tropical plant. It grows in mid altitude and mountain rainforest. It suits humid locations. It also grows in coastal scrub and along rivers. It can grow from sea level to 2,000 m altitude.

NOTES

There are only a few Peddiea species. It contains a skin irritant.

REFERENCES

Flora Zambesiaca. http://apps.kew.org/efloras

Fowler, D. G., 2007, Zambian Plants: Their Vernacular Names and Uses. Kew. p 85

Kepe, T., 2008, Social Dynamics of the Value of Wild Edible Leaves (Imifino) in a South African Rural Area. Ecology of Food and Nutrition, 47:531-558

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 105

White, F., Dowsett-Lemaire, F. and Chapman, J. D., 2001, Evergreen Forest Flora of Malawi. Kew. p 569

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

Wilson, A. L. & Downs, C. T., 2012, Fruit nutritional composition and non-nutritive traits of indigenous South African tree species. South African Journal of Botany. 78:30-36

www.zimbabweflora.co.zw 2011

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/68370f85-f75f-49aa-955e-78c6f76fc3f2