PLANT FACT SHEET

Thalictrum minus L.

GENUS *Thalictrum* **FAMILY** Ranunculaceae

COMMON NAMES Lesser meado-rue

EDIBLE PARTS AND USES

Edible parts: Leaves

Young plants are eaten as a vegetable. They are boiled and eaten with yoghurt and cereals.

DESCRIPTION

An erect herb. It grows 0.9-1.5 m high and spreads 50-80 cm wide. The leaves are finely divided and have leaflets along the stalk. The flowers are yellow but sometimes with a purple tint. They are in panicles.

HABITAT

It is a temperate plant. It suits hardiness zones 6-9.

NOTES

There are about 120 Thalictrum species.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/68383ce6-e98d-4d81-8651-f6c4c98d4f57