PLANT FACT SHEET

Podocarpus nivalis Hook.

GENUS *Podocarpus* **FAMILY** Podocarpaceae

COMMON NAMES Tauhinu, Snow totara

EDIBLE PARTS AND USES

Edible parts: Fruit stalk

The fruit are eaten raw or cooked.

DESCRIPTION

A shrub. It grows 20-40 cm and has spreading branches. It can be 2-3 m tall. Branches near the soil can form roots. The leaves are thick and rigid. They are arranged in spirals. The leaves are 3-10 mm long by 2-2.5 mm wide and are narrowly oval. The seeds have a fleshy red covering.

HABITAT

It is a temperate plant. Arboretum Tasmania.

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Crowe, A., 1997, A Field Guide to the Native Edible Plants of New Zealand. Penguin. p 60

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