PLANT FACT SHEET

Diplazium cordifolium Blume

GENUS *Diplazium* **FAMILY** Athyriaceae

COMMON NAMES Vegetable fern

EDIBLE PARTS AND USES

Edible parts: Frond, Leaves

The fronds have been recorded as eaten.

DESCRIPTION

A fern with a tufted rhizome covered with brown or black scales. It has a tufted rootstock. The fronds are up to 50 cm long and 12 cm wide and stick straight up. The fronds are entire and not divided. They are long and thin and rounded at the base. The tip comes to a point. The spore bodies are long and narrow and can be straight or curved.

HABITAT

It is a tropical and subtropical plant. It grows in small areas of the tropical rainforest. It is temperature sensitive needing a minimum temperature over 10°C. It likes a moist protected situation. It suits a shady position.

PRODUCTION

Cultivation

It can be grown from spores.

NOTES

There are about 300-600 Diplazium species. They have also been put in the families Aspleniaceae and Athyriaceae.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6879535f-d702-44af-a094-89710e5c93b2