PLANT FACT SHEET

Marsilea mutica Mettenius

GENUS *Marsilea* **FAMILY** Marsileaceae

COMMON NAMES Nardoo, Banded Nardoo, Rainbow nardoo

EDIBLE PARTS AND USES

Edible parts: Spores, Seeds

DESCRIPTION

A fern with a long creeping rootstock. It grows 5-25 cm high. It often grows in long stands and the rootstock has few branches. The leaves have two tones forming a decorative marking. The stalks are 5-25 cm long and occur singly or in clusters. The leaflets are 2-5 cm long by 2-4 cm wide. They are broadly oval or wedge shaped. The spore body stalks are longer than the capsules and are branched 1-3 times. The capsule is 0.3-0.5 cm long and oval.

HABITAT

It is a warm temperate plant. It does best in warmer places. It is often in coastal districts. It grows in shallow water or the muddy edges of swamps. It needs good sunlight. It can tolerate slight frost. It suits hardiness zones 9-11. Tasmania Herbarium.

PRODUCTION

Cultivation

Plant are grown by division.

NOTES

There are about 50-60 Marsilea species.

PICTURES



Credit: Food Plants International (Bruce French)



Credit: Food Plants International (Bruce French)



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