PLANT FACT SHEET

Portulaca quadrifolia L.

GENUS *Portulaca* **FAMILY** Portulacaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The whole plant is boiled and eaten. Sometimes only leaves are eaten.
The seeds are used to make flour.

DESCRIPTION

A succulent herb. It grows from seeds each year. It lies along the ground. The stems branch many times. The leaves do not have leaf stalks and are small and simple. They are thick, red and fleshy. It attaches to the ground by roots.

HABITAT

A tropical plant. In Ethiopia it grows in lowland areas is disturbed sites. It can tolerate drought.

PRODUCTION

Cultivation

Plants can grow from seed or from plant sections. It can easily be grown by cuttings.

NOTES

It can become a weed pest.

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