PLANT FACT SHEET

Saussurea lyrata (Bunge) Fisch. & C. A. Mey.

GENUS *Saussurea* **FAMILY** Asteraceae

COMMON NAMES Early tartary potherb

EDIBLE PARTS AND USES

Edible parts: Leaves

The young plant has the white covering rubbed and washed of and then it is boiled with cracked cereals.

DESCRIPTION

A herb. The stems are 40-100 cm tall. They have lines along them and are often covered with long hairs. The lower leaves are thin and with a white covering underneath. The leaves are broadly oval and 7-21 cm long with fan shaped leaflets. There are 7 or 8 side pairs and one at the end which is larger and triangle shaped. There can be several flower heads with a purple tinge.

HABITAT

A tropical plant. It grows as an annual in spring. In Taiwan it grows from sea level to about 800 m altitude. In Sichuan and Yunnan.

NOTES

There is one Hemisteptia species.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/68f0cf2a-3401-4d42-8c0b-7180cba030c0