PLANT FACT SHEET

Cyphostemma vanmeelii (Lawairee) Wild. & Drumm.

GENUS *Cyphostemma* **FAMILY** Vitaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

An erect herb. It grows 60 cm tall. The stems have lines along them. They have hairs. The leaves have 3-5 leaflets arranged like fingers on a hand. The leaflets are 28 cm long by 9 cm wide. They are narrowly oval and have teeth along the edge. The flower buds are cream with reddish tips. The fruit are red and 1 cm across. They are round and hairy. There is one seed 5 mm long.

HABITAT

It is a tropical plant. It grows in open woodland. It can be on termite mounds.

REFERENCES

Malaisse, F., 1997, Se nourrir en floret claire africaine. Approche ecologique et nutritionnelle. CTA., p 61

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/690f23cf-6b54-46ca-b88d-a778953b4883