PLANT FACT SHEET

Rumex induratus Boiss. & Reut.

GENUS *Rumex* **FAMILY** Polygonaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. The leaves are simple and broad.

HABITAT

It is a temperate to Mediterranean climate plant.

REFERENCES

Benitez, G., et al, 2023, Wild Edible Plants of Andalusia: Traditional Uses and Potential of Eating Wild in a Highly Diverse Region. Plants 2023, 12, 1218 p 24

Rivera, D., et al, 2007, Gathered Food Plants in the Mountains of Castilla–La Mancha (Spain): Ethnobotany and Multivariate Analysis. Economic Botany, 61(3),

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/691ce29d-12d9-4958-a6a2-c9dcc81a37e5