PLANT FACT SHEET

Lithocarpus fenestratus Rehd.

GENUS *Lithocarpus* **FAMILY** Fagaceae

COMMON NAMES Zi pia

EDIBLE PARTS AND USES

Edible parts: Seeds, Nuts

DESCRIPTION

A tree. It grows 25-30 m tall. The new branches are hairy. The leaves are oval to sword shaped and 5-22 cm long by 2-7 cm wide. The flowering shoots are 18 cm long. The cups with fruit are in clusters of 3. The nut is a flattened round shape.

HABITAT

It is a subtropical plant. In Sikkim it grows between 800-2,000 m above sea level.

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Sharma, G., et al, 2016, Agrobiodiversity in the Sikkim Himalaya. International Centre for Integrated Mountain Development, ICIMOD Working Paper 2016/5 p 20 (As Quercus fenestrata)

Sundriyal, M. & Sundriyal, R. C., 2004, Structure, Phenology, Fruit Yield, and Future Prospects of some Prominent Wild Edible Plant Species of the Sikkim Himalaya, India. Journal of Ethnobiology 24(1): 113-138 (As Quercus fenestrata)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6927a8ec-85d3-4678-a9a9-7ac4999d2dcf