PLANT FACT SHEET

Aporosa yunnanensis (Pax. et Hoffm.) Metcalf

GENUS *Aporosa* **FAMILY** Phyllanthaceae

COMMON NAMES Ziqie

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves, Vegetable

The fruit are eaten raw.
The leaves are cooked as a vegetable.

DESCRIPTION

A shrub or small tree. It grows 8 m tall. The leaves are oblong and 6-20 cm long by 2-8 cm wide. They are more pale underneath. The fruit are capsules 8-13 mm long by 6-8 mm wide. They are red to yellow when lives.

HABITAT

A tropical plant. It grows from sea level up to 1400 m altitude in southern China. In Yunnan.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Ghorbani, A., et al, 2012, A comparison of the wild food plant use knowledge of ethnic minorities in Naban River Watershed Nature Reserve, Yunnan, SW China. Journal of Ethnobiology and Ethnomedicine; 8:17

Flora of China

Jin, Chen et al, 1999, Ethnobotanical studies on Wild Edible Fruits in Southern Yunnan: Folk Names: Nutritional Value and Uses. Economic Botany 53(1) pp 2-14

Suwardi, A.B., et al, 2023, The diversity and regional conservation status of wild edible fruit species in Sumatra, Indonesia. Biodiversitas Vol. 24 No. 6. pp 3245-3257

Xu, You-Kai, et al, 2004, Wild Vegetable Resources and Market Survey in Xishuangbanna, Southwest China. Economic Botany. 58(4): 647-667. (As Aporusa)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/692b72f4-7e60-4ba0-b884-b5c766cea015