PLANT FACT SHEET

Lactarius rufus (Scop.) Fr.

GENUS *Lactarius* **FAMILY** Russulaceae

EDIBLE PARTS AND USES

Edible parts: Mushroom, Fungus

DESCRIPTION

A mushroom.

HABITAT

It is a temperate plant.

REFERENCES

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Li, H., et al, 2020, Reviewing the world's edible mushroom species: A new evidence-based classification system. Compr Rev Food Sci Food Saf. 2021;20:1982–2014.

Pelkonen, R., et al, 2008, Element Concentrations in Wild Edible Mushrooms in Finland. The Finnish Environment 25

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/693262f7-9079-4dca-bd7e-1cada75fa3a4