PLANT FACT SHEET

Bidens aurea (Aiton) Sherff

GENUS *Bidens* **FAMILY** Asteraceae

COMMON NAMES Arizona beggarticks

EDIBLE PARTS AND USES

Edible parts: Leaves - tea, Flowers

The flowers and the leaves are used for tea drinks.

DESCRIPTION

A herb. It grows each year from seeds. It can grow 250 cm tall. The flowers are in white to yellow heads.

HABITAT

It can grow in temperate and subtropical places. It grows in wet areas and near streams. It suits hardiness zones 7-10.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/699a759e-bfeb-44c7-82f2-719eca4ab47c