PLANT FACT SHEET

Lupinus pilosus L.

GENUS *Lupinus* **FAMILY** Fabaceae

COMMON NAMES Lupine, Blue lupine, Hairy lupin

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds need to be boiled and the water changed often several times before eating.
The seeds are also roasted to make a coffee like drink,

DESCRIPTION

A short annual herb. It has brown hairs. The stems is 30-70 cm long. The leaflets are oblong and broadest above the middle. The leaflets have a few hairs. The pods are 3-8 cm long.

HABITAT

It is a Mediterranean climate plant.

NOTES

There are about 200 Lupinus species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/69bf1ecb-b1d4-4794-8fc9-2898f9a2e20f