PLANT FACT SHEET

Sigesbeckia orientalis subsp. pubescens Makino

GENUS *Sigesbeckia* **FAMILY** Asteraceae

COMMON NAMES Hsi Lien, Menamomi

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows each year from seed. It grows 60-120 cm tall. It has dense white hairs. The leaves on the stem are oval and 7-19 cm long by 6-18 cm wide.

HABITAT

It is a temperate plant. It grows on mountain slopes and grasslands below 3,400 m above sea level in China. In Sichuan and Yunnan.

REFERENCES

Bot. Mag. (Tokyo) 18:100. 1904

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/69d0ba86-0659-4ff7-a4f7-b2a9c5dea4eb