PLANT FACT SHEET

Senecio pseudoarnica Less.

GENUS *Senecio* **FAMILY** Asteraceae

COMMON NAMES Seaside ragwort

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are boiled and eaten.

DESCRIPTION

A herb. It keeps growing from year to year. It has short thick rhizomes. It grows 35-70 cm tall. There is a single stem. It is hollow and hairy. The leaves on the stem do not have leaf stalks. They are oblong and 12-20 cm long by 5-6 cm wide. They are more pale underneath. There are coarse teeth along the edge.

HABITAT

It is a cold temperate plant. It grows on seashores and near sea level.

NOTES

There are over 1000 Senecio species.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/69f79b0f-431c-4e54-91a8-eefbbf5616a9