PLANT FACT SHEET

Babiana nervosa (Lam.) Goldblatt & J. C. Manning

GENUS *Babiana* **FAMILY** Iridaceae

COMMON NAMES Baboon flower, Blue freesia

EDIBLE PARTS AND USES

Edible parts: Bulb, Corm, Root

The bulb or corm is eaten as a snack and also cooked as a vegetable.

DESCRIPTION

A bulb or corm plant. It grows 10-20 cm tall. The corm is 2-3 cm across. The leaves are sword shaped and hairy.

HABITAT

It is a subtropical plant.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 67 (As Babiana stricta)

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179 (As Babiana stricta)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6a2e7b69-a822-43c3-a7af-e61dbb79d4ad