PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Ipomoea asarifolia (Desr.) Roem. & Schult.

GENUS *Ipomoea* **FAMILY** Convolvulaceae

COMMON NAMES Ginger-leaf morning glory

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten.

DESCRIPTION

A twining herb. The stems are 4-6 mm across. The leaves are 12 cm long by 12 cm wide. They can be round or kidney shaped.

HABITAT

It is a tropical plant. It grows in woodland and palm groves. It can be in flooded rice fields and other disturbed ground.

NOTES

It has medicinal properties and can abortions.

REFERENCES

Achigan-Dako, E, et al (Eds), 2009, Catalogue of Traditional Vegetables in Benin. International Foundation for Science.

Diarra, N. et al, 2016, Etude ethnobotanique des plantes alimentaires utilisées en période de soudure dans les régions Sud du Mali. Int. J. Biol. Chem. Sci. 10(1): 184-197

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6a577e13-19fb-4f2b-9f02-0a1b824018f6