PLANT FACT SHEET

Paeonia ludlowii (Stern & G. Taylor) D. Y. Hong

GENUS *Paeonia* **FAMILY** Paeoniaceae

EDIBLE PARTS AND USES

Edible parts: Seeds, Seeds - oil

The seeds are powered and used to make flour for tsampa,
The seeds also produce an edible oil.

DESCRIPTION

A shrub. It grows 3.5 m tall. The stems are 4 cm across. The leaves have 3 leaflets. They are 6-12 cm long by 5-13 cm wide.

HABITAT

It is a temperate plant. Arboretum Tasmania.

REFERENCES

Chen, W., et al, 2021, Wild plants used by the Lhoba people in Douyu Village, characterized by high mountains and valleys, in southeastern Tibet, China. Journal of Ethnobiology and Ethnomedicine (2021) 17:46

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6a6dad96-b051-42d6-8785-0147cf11fa10