PLANT FACT SHEET

Pediomelum esculentum (Pursh) Rydb.

GENUS *Pediomelum* **FAMILY** Fabaceae

COMMON NAMES Large Indian breadroot, Prairie turnip

EDIBLE PARTS AND USES

Edible parts: Root, Tuber

The outside layer of the tuber is removed before eating. They are cooked.

DESCRIPTION

A bean family herb. It grows 50 cm tall. It has a thickened tuberous root. It regrows each year. The leaves have 3-5 leaflets spread like fingers on a hand.

HABITAT

It is a temperate plant. It grows between 500-2,000 m above sea level.

PRODUCTION

Harvesting and Seed Production

Mature taproots are produced after 2-4 years.

REFERENCES

Jordan, J., et al, 2006, Vascular Plants Utilized by the Plains Apache in Southwestern Oklahoma, Publications of the Oklahoma Biological Survey. 2nd Series. Volume 7: 24-33, 2006

Stai, J. S., Ethnography of prairie turnip, Pediomelum esculentum. Legume Perspectives. Issue 19. November 2020

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6a8ade7b-4c1b-46d6-acdf-cb95f8fe7774