PLANT FACT SHEET

Cephalostachyum virgatum (Munro) Kurz

GENUS *Cephalostachyum* **FAMILY** Poaceae

EDIBLE PARTS AND USES

Edible parts: Shoots

The shoots are edible but not popular.

DESCRIPTION

A bamboo. It grows 6-12 m tall. The stems (culms) are 4-6 cm across. The internodes are 45-60 cm long. They are dark green. The culm sheaths are 15-20 cm long and slightly wider. The leaves are sword shaped and 15-30 cm long by 3-4 cm wide.

HABITAT

It is a tropical plant. It grows in moist evergreen forests and near rivers.

REFERENCES

Luczaj, L., et al, 2021, Wild food plants and fungi sold in the markets of Luang Prabang, Lao PDR. Journal of Ethnobiology and Ethnomedicine (2021) 17:6

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/6abd3bb8-8a3d-4716-93d2-5445cea8831c